

CAM SC SUPPLEMENTARY SAILING INSTRUCTIONS COVID-19

CSC Supplementary Covid-19 Sailing Instructions to take effect from JULY 2020 until further notice.

REVISION A (Reviewed & updated February 2021)

REVISION B (Reviewed & updated March 2022)

The decision to hold a scheduled club race on the current CSC Sailing Programme will be taken by the OOD and Safety Boat crew & will be dependent on weather conditions / wind strength on the race day and the sailing experience of competitors entering. The OOD after discussion with the Safety Boat crew can refuse race entry to a competitor(s) if thought competitor(s) to not have experience to cope with conditions afloat on the race day.

RACE COMPETITORS

- *1) All Competitors to wear a BS-EN's approved personal buoyancy aid when afloat. This must fit correctly and provide adequate personal buoyancy for the helm/crew weight.**
- *2) All Competitors race at their own risk and do need to be mindful of their own sailing experience before entering a race at this time in relation to the conditions on the day.**
- *3) All Competitors to sign-on for the race verbally to the OOD or Race Official recording entries, half an hour before the scheduled race start time. - As Covid restrictions have now been lifted in England all Competitors to sign on for a race on the Sign-on & Declaration sheet in the clubhouse in accordance with the current CSC Dinghy Sailing Instructions. (March 2022)**
- *4) All Competitors to sign-off verbally after finishing a race by calling 'Thank you' or 'Retired' to the OOD in the Race Box. - As Covid restrictions have now been lifted in England all Competitors to sign the Declaration sheet in the clubhouse in accordance with CSC Dinghy Sailing Instructions. (March 2022)**
- *5) All Competitors to moor on the quay with a distance of 2metres between each boat. If insufficient room on the quay before a race to social distance wait to launch until boats afloat have left the quay. Please be mindful of your race start time and let boats in earlier starts launch first. On returning to the quay at the end of a race all boats must be got out of the water straight away to leave room for others to land. If the quay is full stay afloat away from the race course until space to land becomes available. - As Covid restrictions have now been lifted in England the 2 metre distance rule as above will no longer apply. (March 2022)**

COVID-19 CSC RACING RULES

(additional to the RYA Racing Rules of Sailing 2021-2024 & Cam SC Sailing Instructions)

***1) When afloat racing and sailing helms of boats should attempt to social distance from other boats on the water in accordance with current Government guidelines for social distancing. - Social distancing rules no longer apply. (March 2022)**

***2) At all times when afloat & racing boats MUST AVOID collisions. If a boat infringes a racing rule 2 circles must be completed in accordance with the RYA Racing Rules of Sailing 2021-2024.**

SAFETY BOAT

***1) A club safety boat must be on the water during a club organized race.**

The SMALL WHITE SAFETY BOAT to be used for SATURDAY YOUTH TOPPER & OPTIMIST RACES and the LARGE SAFETY BOAT to be used for SUNDAY RACES. Safety boats to have adequate PPE on board at all times and in the event of having to rescue a helm PPE (Face Covering / Gloves – provided) must be worn by both safety boat crew. - PPE optional to wear on a rescue. (March 2022)

Safety boat crews to be responsible to check boat for PPE equipment on board, including hand sanitizer and disinfectant spray, before the race. Safety boats to be disinfected by crews following the race, or left unused for 72 hours after.

***2) A crew of 2 members from the same household, or from 2 households forming a bubble (if Government advice allows), should be manning the safety boat for the duration of the race. Face coverings to be used in the safety boat if crew are from different households - Rule 2) as above no longer applies. (March 2022)**

***3) In the event of rescuing a helm / crew from a racing boat minimal contact should be made person to person. If helm / crew to be got into the safety boat the helm / crew should be given face covering and gloves from the PPE box while in the safety boat, and be put ashore at the earliest opportunity. - PPE to be provided to racing boat helm / crew at the discretion of the safety boat crew. (March 2022)**

Disinfectant spray / Hand Sanitizer to be used in safety boat following helm / crew being put ashore.

The capsized boat will be dragged to the shore and towed back to the club AT THE END OF THE RACE.

An extendable boat hook to help with retrieving boats at a distance will be provided in the safety boat.

***4) Safety boat crews to have authority to withdraw any helm from the race if felt that helm was not coping with the conditions afloat. Helm to sail back to the quay or to go ashore to walk back to the club with their boat being brought back at the end of the race.**

***5) Safety boat to be disinfected after use or left for 72 hours before being used again.**

RACE BOX

***1) A key for the Race Box will be found in the box of additional equipment handed to the OOD at the Race Briefing. For Saturday Optimist & Youth Topper races a key for the Race Box will be located in the yellow storage cupboard in the Dutch Barn. - The key for the Race Box will be found in the clubhouse and all equipment for the Race Officials will be found in the Race Box. (March 2022)**

***2) TWO RACE OFFICIALS ONLY to be in the Race Box, and on the veranda. Race Officers to be from the same household if possible, or from 2 households forming a bubble (if Government advice allows). The windows / door of Race Box must remain open when in use. If Race Officers are from 2 different households social distancing must be complied with at all times and Face Coverings must be worn in the Race Box & on the veranda. - As Covid restrictions have now been lifted in England rule 2) as above with reference to wearing Face Coverings is optional but is to be advised. (March 2022)**

***3) For Saturday Racing the flag halyards on the LEFT side of the yardarm to be used and for Sunday Racing the halyards on the right hand side. If only one Race Officer in the Race Box sound signals only will be used and not flags.**

***4) Course boards usually displayed on the front of the Race Box may or may not be used at discretion of the OOD.**

- All flag halyards and course boards may be used for Saturday / Sunday and Bank Holiday racing. (March 2022)

***5) Race Box, and all race equipment used including course boards to be disinfected by Race Officials following the race, or Box not to be entered for 72hours following.**

RADIOS VHF (and Other)

***1) Radio to be used by one Race Official only and one Safety Boat crew only.**

***2) Radios to be disinfected each time following use or left for 72hours before re-using.**

FURTHER NOTICES

The outside door of the WORKSHED will be a temporary notice board for further SAILING NOTICES and RESULTS until the clubhouse can be safely re-opened

By Order of the CAM SAILING CLUB Covid-19 SAILING SUB-COMMITTEE

14.07.2020 (Reviewed February 2021)

(Reviewed March 2022) - As Covid restrictions have been lifted in England the Notice Board in the clubhouse will now be used

ADDENDUM 1 - 30/09/2020 (Reviewed February 2021)

(Reviewed March 2022)

ALL competitors entering a race must have the ability to self-rescue in the event of a capsize.

The CSC Safety Boat crew are permitted to give verbal instructions to the dinghy helm on how to right their craft and no race penalty will be given to the helm provided he or she manages without the Safety Boat crew touching the helm/crew or the hull or rig to give assistance.

In the event of the dinghy helm having attempted to self-rescue the Safety Boat crew will intervene and provide assistance to the helm to right the boat. The racing boat will then be deemed to have retired from that race, **unless a novice helm**. There will be minimal contact from the Safety Boat crew with the helm/crew of the capsized dinghy unless essential.

ADDENDUM 2 – 30/09/2020 (Reviewed February 2021)

(Reviewed March 2022)

COVID -19 CSC RACING RULES *3) PROTESTS

Written Protests cannot be submitted during the Covid-19 pandemic.

In the event of an incident on the water and the offending boat failing to acknowledge and not completing two circles to exonerate herself the incident should be discussed social distancing by the parties involved on returning to land when finishing the race.

If an agreement cannot be reached and the offending boat does not accept retirement points for that race the incident may be taken to Arbitration and a verbal social distancing discussion with an appointed person or persons adjudicating. The adjudicator to be the Chairman of the Sailing Committee, The Sailing Secretary or other appointed person or persons. When a decision is made whichever boat is found to be in the wrong can either accept retirement points for the race or a percentage decrease in her final race position for that race.

(Reviewed March 2022) As Covid restrictions have been lifted in England and Arbitration does not resolve the disputed incident, Written Protests may now be submitted in accordance with RRS & Cam SC Dinghy SI's

By Order of the CSC Covid-19 Sailing Sub-Committee 30/09/2020

Reviewed February 2021

Reviewed March 2022